

## Drops to combat COPD

I was diagnosed with Chronic Obstructive Pulmonary Disease (COPD) a few years ago.

I was a heavy smoker until 2000, and in recent years I've been having trouble breathing. This affected my heart, which grew a lot and functioned poorly. My quality of life became very bad when I had to sell the house and give up hunting. A CT taken in the autumn of 2011 showed that I had also contracted emphysema.

I was tipped off by a colleague about the natural remedy sprouted rye drops (Oralmat). I tried it and after a week my breathing was even worse, but that was in the instructions. After another week, I was able to discontinue my lung medicine. For the first time in several years I could breathe fresh air into my lungs again. Fantastic! I got my life back thanks to the sprouted rye drops. I think it's a very it is very sad that the doctors did not recommend this natural remedy when it actually helps more than cortisone. I would like to hear from you if you have any experience with it – and if you know of any side effects?

Asbjørn

It was very interesting to read more about your experiences with Oralmat. I know the product well and have for several years recommended it to actual patients who have the same or similar health problems as you have. Many have received a great deal of help from Oralmat, and have become so well that they have been able to stop taking their regular asthma or COPD drugs. Most doctors don't know the product however. Therefore it is rarely recommended. Oralmat may also be used effectively on children and young children with asthma and asthma bronchitis etc. There are no side effects, but those suffering from allergies should exercise caution. Many experience increased mucus secretion at the beginning of the treatment, but this is not dangerous and is regulated by a slightly lower dose and a slower increase of the dose than recommended. In many cases, one must take Oralmat for a longer period to maintain a good result.

*Yours sincerely,  
Dr. Luneng*

Ekspertene svarer deg

Solveig Vønnesland, sanlivsterapeut

Mona Thaulow, hørsøpat og akupunktør

Victoria Telle Hjelset, Ph.D. i forebyggende medisin

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Tror du ekspertene våre kan hjelpe deg? Send spørsmålet ditt i en e-post til [helsepanelet@allers.no](mailto:helsepanelet@allers.no) eller i et brev til Allers, p.b. 1169 Sentrum, 0107 Oslo. Merk konvolutten «Helsepanelet». Fortell oss gjerne hvem du ønsker svar fra. De som får svar, kommer på trykk i bladet.

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